

## 5 hours in... Sociology

Research shows that the most successful students (i.e. those that make the most progress and get the highest grades) are doing between 20 and 25 hours of independent study per week by the end of Year 13. That may seem a lot, but it's something that you would build up to over the course of your A-Levels. In Year 12, we're talking something more like 15 hours per week. This equates to roughly 5 hours of independent study per A-Level per subject.

Remember that your independent study is divided into three types – Consolidation, Reactive and Proactive.

### Consolidation

The evening following a Sociology lesson, re-read your notes or fill any gaps using the lesson PowerPoint. You should spend 15 minutes (30mins for each double lesson covered) reviewing the lesson content completing questions and activities. You can also complete the section covered in class in your Napier Press topic workbook.

### Reactive

This is your 'Home Learning'. Usually this will be reading from your textbook, making notes for the next lesson, completing a knowledge-based task, or completing an essay/essay plan. It should also include regular self-quizzing from your knowledge organisers in advance of retrieval practice quizzes in class. If you find you finish your reactive work quickly, spend more time on your proactive work.

### Proactive

This is the section that will broaden and deepen your overall understanding of the subject you are studying. This will be found on the lesson PowerPoints and booklets in most cases. It is about you doing the extra practice questions, reading articles, watching videos, etc which may contain some of the following:

- Use websites (e.g., Tutor2U Sociology) to complete and add to class notes (30 minutes)
- Answer or plan questions in the textbook or the Hectic Teacher exam planning handbooks given for each topic (10 mins)
- Answer practice questions from your textbook or the AQA website (30 mins)
- Review knowledge organiser content ;Look, Cover, Write and Check (15 minutes per sheet)
- Self-quiz- use the Hectic teacher quizzes or the check your understanding quizzes in the course textbook.
- Complete knowledge check questions from your textbook (20 minutes)
- Practice writing timed essays (30 minutes)
- Watch revision videos or technique videos on Tutor2U Sociology or on The Teacher Sociology on YouTube. (30 mins-1 hr)
- Access lesson and revision materials via My Learning Resources or Teams Files -365 link will be available soon.
- Read some Sociology Review archive materials- see LRC for more information

## Useful links

- Revise sociology - [ReviseSociology - A level sociology revision - education, families, research methods, crime and deviance and more!](#)
- The Teacher Sociology - <https://www.youtube.com/c/TheTEACHERSOCIOLOGY/playlists?view=1>
- The Sociology Guy - <https://www.youtube.com/channel/UCWU6adxjGXd9oKNkoaabD-w/videos>
- Tutor2U Sociology - [Sociology | tutor2u](#)
- Hectic Teacher Sociology - <https://hecticteachersalevelsociologysite.wordpress.com/>
- The Sociology Show Podcasts - [The Sociology Show](#)
- Thinking Allowed Radio 4 - [BBC Radio 4 - Thinking Allowed - Available now](#)